

Maryland Occupational Therapy Association Annual Conference

November 12, 2022
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Welcome!

Thank you for joining us for the Maryland Occupational Therapy Association's annual conference.

We hope you appreciate the variety of topics related to occupational therapy practice in the sessions, posters, and information from our vendors.

In this program, you will find ticketing information, a conference itinerary with titles and times, a more detailed biography of the presenters and synopsis of their presentations, and a thank you to our sponsors.

Please enjoy the conference. We hope that you find this day fun, informative, and educational.

Thank you and welcome to the Maryland Occupational Therapy Association's Annual Conference!

Conference Information

Ticket Information

Full Day OT: \$150

Full Day OTA: \$130

Full Day Student: \$50

Full Day Trustee: \$120

Full Day+ 1 year Membership OT: \$200

Full Day+ 1 year Membership OTA: \$180

Full Day+ 1 Year Student Membership: \$80

Single Session: \$20

Poster Session: \$20

Keynote Only: FREE

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Session Information

- Basic zoom account required
- Attendance will be automatically tracked
- CEU certificates to be mailed within 1 month of conference via email

Vendor Information

- Each vendor has a virtual booth
- Attendees will be able to enter/exit booths at their leisure
- Attendees who visit all vendor booths will be entered to win a FREE 1 year membership to MOTA

Poster Information

- Attendees are free to enter/exit poster sessions to view live or pre-recorded
- Poster presentors will be able to answer questions live or via chat
- Contact hour breakdown:
 - 6 posters: .5 contact hours
 - 12 posters: 1.0 contact hours

Conference Itinerary

8:00 AM-9:00 AM Session Presentation #1 (1.0 Contact Hours)

Understanding the Entry-level Doctoral Capstone Experience and Project: A Rundown of What to Expect

*Presented by: Rachel Guilfoyle, OTD, OTR/L, SCLV
Sonia Lawson, PhD, OTR/L, FAOTA*

Intermediate Level

Combating Loneliness in Older Adults Due to Social Isolation Exacerbated by COVID-19

Presented by: Allysia E. Bridges-German, OTD, MA, OTR/L, CAPS
Entry Level

Operationalizing Therapeutic Use of Self via Facilitated Attuned Interaction's Arc of Engagement to Ensure Client Centered Care in Occupational Therapy Practice

*Presented by: Genevieve Engleman, MS, CFWE, OTR/L
Jennifer J. Hofherr, MS, OTR/L, C/NDT, CN
Katlyn Wright, OTS*

Entry Level

Bridging the Gap: Integrating Behavioral Health into Physical Rehabilitation Settings to Promote Meaningful Engagement

Presented by: Pooja Bhatnagar, OTR/L
Entry Level

9:15 AM-10:15 AM Session Presentation #2 (1.0 Contact Hours)

The American Occupational Therapy Foundation: Advancing the Science of OT, Improving Both Practice and Health

Presented by: Lawrence Liff, Chief Development Officer, AOTF
Entry Level

A Life Skills Program to Build Community Capacity for Adults with Serious Mental Illness

*Presented by: Christine Greseth, OTD, MS, OTR/L
M. Beth Merryman, PhD, OTR/L, FAOTA*

Intermediate Level

Infant Positioning in the Pediatric Cardiac Intensive Care Unit: A Quality Improvement Project

*Presented by: Sarah Hodgson, MS, OTR/L
Julie Miller, PT, DPT*

Entry Level

Sit up!! Understanding Basic Principles of Wheelchair Seating

Presented by: Allison Greenwood, OTR/L, ATP
Entry Level

10:30 AM-11:30 AM KEYNOTE SPEAKER (1.0 Contact Hours)

One Door at a Time: Covid-19 and an Occupational Therapist's Journey on the Other Side of the Clipboard



Dr. Marion Russell is a professor of occupational therapy who became ill in the fall of 2020 with a serious case of Covid-19, resulting in post-acute SARS-Cov2 (PASC). This journey has taken her through a 46-day period of in-home isolation, several ER visits, two hospital admissions, and a now nearly 14-month period of recovery and rehabilitation. In this keynote address, she opens the door and invites us to share some of the insights, interactions, interventions, and experiences that have impacted not only her perspective as an occupational therapist but also her identity as a partner, mother, and educator. She shares the ways in which occupational therapy influenced and informed her and her partner/caretaker as they negotiated this intense experience.

11:30 AM-12:30 PM Vendor Session

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12:30 PM-2:00 PM MOTA Meeting and Award Ceremony (1.0 Contact Hours)



The Maryland Occupational Therapy Association's mission is to represent, support, and advance the practice of occupational therapy in the state of Maryland. Please join us for our board meeting to learn more about MOTA's mission and the support it provides to occupational therapy practitioners in the state of Maryland.

Following the board meeting, we will begin our awards ceremony.

2:00 PM-3:00 PM Poster Session(.5-1.0 Contact Hours)

Designing a Community Mobility Intervention to Enable Aging in Place with MCI
Presented by: Kendra Heatwole Shank, PhD OTR/L, CAPS

A Practice Guide to Integrative Health and Occupational Therapy
Presented by: Emily Sellman OTR/L, CYT, MBA, MPP
Jessica Harney DPT, OT

ICU Diaries: Constructing a Narrative of Patient's and Family Members' Experiences
Presented by: Nicole D. Rosenbaum, OTD, OTR/L, CPAM
Kelly S. Casey, OTD, OTR/L, BCPR, ATP, CPAM

Institute for Future Scientists in Occupational Therapy: Student perspectives and future implications
Presented by: Amanda Littleton OTD, OTR/L
Ariel Wallace, OTS

Couple and Family Quality of Life when there is a Child with a Chronic Behavioral Disorder
Presented by: Kate Eglseder ScD, OTR/L, CLT
Barbara Demchick ScD, OTR/L
Kayla Stout, OTS

Overcoming Occupational Injustice: Identifying and Reducing Barriers to Quality Participation in Wheelchair Lacrosse
Presented by: Jennifer Wingrat ScD, OT/L
Erin Busch, OTD

Overcoming the Barriers to Aquatic Recreation: Implementation of an Aquatic Training Program for Adults with Physical Disabilities
Presented by: Jennifer Wingrat ScD, OT/L
Allison Adams, OTD

Case Study: Benefit of Early Therapy Involvement for Post-op Positioning with Infant Status-post Mandibular Distraction
Presented by: Gezel Eberhart, OTR/L

A Template for Pediatric Client Problem-Solving for the Entry Level OT Practitioner: A Seasoned Therapist's Perspective
Presented by: Kristen Rockwell, MS, OTR/L

Use of Tele-rehabilitation with Constraint Induced Movement Therapy
Presented by: Teresa Garcia Reidy, MS, OTR/L
Nicole Whiston Andrejow, MS, OTR/L

Promoting Occupational Justice of Underrepresented Individuals through the Identification of Best Practices Rooted in Cultural Humility
Presented by: Sarah Tayel, OTD

Graduate OT students' perceptions of time before and during the COVID-19 pandemic 2019-2022
Presented by: Amanda Jozkowski, PhD, OTR/L
Julie Werner, PhD, OTR/L
Brooke Quillen

3:15 PM-4:15 PM Session Presentation #3 (1.0 Contact Hours)

Workforce Issues Impacting OT in Maryland – MOTA Advocacy
Presented by: *Robyn Elliott and Scott Tiffin of Public Policy Partners*
Sonia Lawson, MOTA VP for Advocacy

Entry Level

Mental Health Application: Interventions to Support Vocational Participation
Presented by: *Kayleigh Nolan, MOT, OTR/L, SCLV*
Intermediate Level

Hearing Loss in Older Adults: Exploring Occupational Therapy's Role
Presented by: *Kristen Marie-Weber Chang, PP-OTD*
Entry Level

Impact of Improved Interoception on Social Emotional Learning
Presented by: *Sowmya Ganesh, DOT, MSOTR/L, SIPT*
Nicole Randazzo-Collins, MSOTR/L, SIPT
Intermediate Level

4:30 PM-5:30 PM Session Presentation #4 (1.0 Contact Hours)

What is Your Everyday Contribution to OT Research?
Presented by: *Felicia Chew, MS, OTR, FAOTA, FNAP*
Dawn Bieber, OTR/L

Entry Level

Calling All Therapists: Identifying and Advocating for Occupational Therapy's Vital Role
in Oncology Rehabilitation in All Clinical Settings
Presented by: *Lisa Marshall, OTR/L, CLT, CLWT*
Entry Level

Best Practices for Developing Effective OT/Teacher Partnerships
Presented by: *Carol Armann, OTR/L*
Kathleen Wright
Entry Level

Upper Extremity Wellness for Wheelchair Users
Presented by: *Daniel Hollern MS, OTR/L*
Intermediate Level

Meet Our Presenters

Keynote Speaker: Marion Russell, OTD, MOTR/L, SCFES

Dr. Marion Russell is an assistant professor in the Occupational Therapy program at Creighton University and former director of the Post-Professional Occupational Doctorate Program. She has taught evidence-based practice, practice, ethics and capstone courses in the Entry and Post-Professional Doctor of Occupational Therapy Programs. Prior to her position, she has taught pediatrics and theory courses at her alma mater, the University of Southern Maine, where she earned her Master of Occupational Therapy after finishing a Bachelor of Arts in English Literature and Psychology at Concordia University in Montreal, Canada. She is originally from Berlin, Germany and has experience working in private practice and clinical settings in the United States, Germany, and Austria.

Her research focuses on three main areas: the provision of telehealth services; interventions to address difficulties in pediatric feeding and eating behaviors; and education and advocacy to combat healthcare disparities experienced by members of the transgender population. The overarching goal of this work is to contribute to occupational therapy as a field and enhance the interprofessional approach in health care delivery and scholarship.

As a clinician, she been a member of a specialized feeding and eating therapy team at the NoTube Interdisciplinary Therapy Center in Graz, Austria since 2016. Prior to that, she worked with medically fragile children at a special purpose private school in Scarborough, Maine. She is an American Occupational Therapy Association certified Eating, Feeding and Swallowing Therapist and continue to specialize in enteral tube weaning and telemedical services. In addition, she has successfully presented the telehealth model to health care teams in both the Netherlands and the US. Through these experiences, she has developed a unique expertise in provision of services via the telehealth model to a broad spectrum of populations. She is currently co-investigator on a grant funded project researching the effectiveness of telehealth occupation-based coaching with families who have a child with type 1 diabetes. Building on those foundations, she was recently awarded the AOTF Intervention Research Grant investigating the impact of COVID-19 on families with children with type 1 diabetes.

Allison Greenwood, OTR/L, ATP

Allison Greenwood, OTR/L, ATP is a practicing occupational therapist with over 25 years of experience in a variety of clinical settings and a wide repertoire of diagnoses with particular emphasis and interest in spinal cord injuries and other neurological conditions. She maintains credentials as an Assistive Technology Professional (ATP), which she received in 2002. Since 2005, she has worked at University of Maryland Rehabilitation and Orthopaedic Institute developing and managing the Seated and Wheeled Mobility Services Program into a highly regarded seating and positioning service in the greater Baltimore area.

Presentation Synopsis: This presentation will familiarize attendees with principles of proper seating and positioning, common postural deformities, causes and potential solutions that will positively impact the consumer's functional performance.

Allysin Bridges-German, OTD, MA, OTR/L, CAPS

Allysin Bridges-German is an occupational therapist and Certified Aging in Place Specialist with over 20 years' experience treating adults and older adults with an array of diagnoses in various settings, from hospitals to homes to the community. She recently became a clinical assistant professor at Towson University, where she continues her research and exploration on age-friendly communities, aging in place, and fall prevention. Allysin is a published author and has spoken nationally on fall prevention and aging in place. She is a wife and mother of two sons and a dog, all who keep her very busy!

Presentation Synopsis: The presenter will provide a background on the physical, mental, emotional, and spiritual affects social isolation and loneliness had, and continues to have, on older adults during COVID-19 through lecture, audience interaction, and visual accompaniment. The presenter will then offer methods of assuaging these two social determinants of health for patients, caregivers, and other health professionals.

Amanda Jozkowski, PhD, OTR/L

Amanda Jozkowski, PhD, OTR/L, is an Associate Professor of Occupational Therapy and Occupational Science at Towson University. Amanda's research during the COVID-19 pandemic has focused on qualitative and mixed-methods inquiry into time use and patterns of meaning and shared experiences for students and faculty.

Presentation Synopsis: We analyzed student time use assignments from spring 2019 (pre-pandemic), 2020 (strict lockdown), 2021 (hybrid/re-opening period), and 2022 ("new normal"). We identified patterns that may be unique to OT graduate students, and shifts in these patterns over each phase of the pandemic.

Amanda Littleton, OTD, OTR/L

Amanda Littleton OTD, OTR/L is a Towson University OT department clinical assistant faculty. She works with adults and geriatrics in physical rehab settings. Assisting students both in the clinic and academic settings is a passion to ensure a bright future for OT.

Ariel Wallace, OTS

Ariel Wallace is an Occupational Therapy Student at Towson University in the Masters cohort. She recently had the privilege of attending the Institute for Future Scientists during the AOTA 2021 conference. The experience was a great resource in helping her to fully understand the research role within occupational therapy.

Presentation Synopsis: This presentation will explore personal experiences and student surveys regarding the Institute for Future Scientists in Occupational Therapy. Additionally, future recommendations, conclusions, and implications of this program will be discussed.

Carol Armann, OTR/L

Carol H. Armann, OTR, has 40 years of experience and is a school-based OT. I have been training teachers and therapists on handwriting and a collaboration model for the last 12 years. I have consulted with a major handwriting publishing company to assist in the appropriate development of handwriting instruction materials. I have presented on handwriting instruction throughout the USA and at the annual AOTA conference.

Presentation Synopsis: The presenter will provide a background on the physical, mental, emotional, and spiritual affects social isolation and loneliness had, and continues to have, on older adults during COVID-19 through lecture, audience interaction, and visual accompaniment. The presenter will then offer methods of assuaging these two social determinants of health for patients, caregivers, and other health professionals.

Daniel Hollern, MS, OTR/L

Daniel Hollern is a graduate of Towson University's BS/MS Occupational Therapy program, class of 2008. He has been a practicing licensed Occupational Therapist for the last 14 years at the University of Maryland Rehabilitation & Orthopaedic Institute (UMROI). At UMROI, Daniel worked on the Spinal Cord Injury/Multiple Trauma acute rehab unit as well as the Outpatient Orthopedic and Spinal Cord Injury unit. Most recently, Daniel began working at Towson University where he serves as the Director of the Occupational Therapy Center located in the Institute for Well-Being and Clinical Assistant Faculty. Daniel's special interests include Spinal Cord Injury, Orthopedics, Splinting, and Assistive technology.

Presentation Synopsis: This course explores the potential impact long term manual wheelchair use has on clients and reviews strategies to improve upper extremity wellness to promote continued ADL, IADL, and recreational activity participation over a lifetime.

Emily Sellman OTR/L, CYT, MBA, MPP

Emily graduated from Tufts University with her OTD in 2022. Emily gravitated toward the field of occupational therapy through the lens of her yoga training. During her LII fieldwork, she had the opportunity to work with a registered yoga therapist and occupational therapist. The inspiration of this poster research stems from Emily's passion for integrative health modalities and experience from incorporating them successfully in treating clients. Emily currently lives and works as an occupational therapist and yoga instructor in Baltimore, MD.

Presentation Synopsis: A practice guide to implement integrative health occupational therapy does not yet exist. This capstone aimed to manualize practices of one holistic occupational therapy center. This practice guide hopes to reduce the implementation gap of evidence-based treatments into practice.

Felicia Chew, MS, OTR/L, FAOTA, FNAP

Felicia Chew, MS, OTR, FAOTA, FNAP is VP of Senior Living Strategy at HealthPro Heritage and adjunct faculty at Thomas Jefferson University. She has 34 years of clinical experience in diverse practice settings, including acute care, mental health, and post-acute care. Professional activities include board member: NJOTA, AOTF, NAP, ReBuilding Together and Voices for Parkinson's. She presents at the local, state, and national levels on interprofessional clinical and administrative topics.

Presentation Synopsis: Practitioners typically are consumers of research; however, they can also serve as key stakeholders in the research process. This course will dispel misconceptions about engaging in research and share methods for participating in building evidence.

Genevieve Engleman, MS, CFWE, OTR/L

Genevieve Engleman is an Occupational Therapist providing therapeutic support, built upon empathy, compassion and non-judgmental consideration of everyone's unique situations in life. Her private virtual practice (TheRemoteOT.com) offers client centered, custom treatment plans which span across the lifespan from the NICU to nursing homes, and every age in between. She is a real nerd at heart and loves expanding her knowledge through the completion of far too many continuing education courses to stay abreast of all the latest intervention strategies and most recent research and has achieved specialty recognition from NBCOT in pediatrics and orthopedics for her studies. Genevieve comes from a vast background in the healthcare system from Miami to Maryland and previously published articles as a Research Analyst and served as the Clinical Executive Associate for a large statewide practice in Rhode Island. She is originally from Canada and believes quality healthcare is a human right and structures her private practice to prevent cost from ever being a barrier to quality healthcare. She enjoys attending bluegrass and folk music festivals with her husband, Thomas, and three children Hank, Beau & Eden.

Presentation Synopsis: This session presentation will inform future research and enable practitioners to operationalize their therapeutic use of self to ensure client centered care, increase efficiency in POC development and facilitate collaborative selection of evidence based interventions with the client.

Gezel Eberhart, OTR/L

Gezel Eberhart OTR/L, graduated from Quinnipiac University in 2019 with her masters in Occupational Therapy. She has worked full time in acute care for 3+ years, gaining experience in general medicine, oncology, cardiology, psychology, and trauma. She now specializes in pediatrics working within the PPCU, PICU, and level 4 NICU at University of Maryland Medical Center.

Presentation Synopsis: The purpose of this case study is to illustrate the importance of occupational therapy (OT) involvement in post-op positioning in order to address patient specific needs. Case study highlights pre/post OT involvement to demonstrate importance of early intervention.

Jennifer Wingrat ScD, OT/L

Jennifer Wingrat ScD, OT/L is an assistant professor in the department of Occupational Therapy and Occupational Science at Towson University with over 20 years of experience in occupational therapy, including aquatics-based therapy. Erin Busch, OTD recently graduated with her entry-level doctorate in Occupational Therapy. She was a Division I lacrosse player in college.

Presentation Synopsis: This poster describes how participation in wheelchair lacrosse meets the intrapersonal and interpersonal needs of athletes, staff, and volunteers and describes the barriers that hinder quality participation, with recommendations to increase access for players with physical disabilities

Presentation Synopsis: This poster describes the benefits of a leisure-based adaptive aquatics program for adults with physical disabilities, including enhancing engagement in social and leisure participation, identifying strategies to overcome barriers to accessing community pools, and improving overall quality of life.

Kate Eglseder, ScD, OTR/L

Kate Eglseder ScD, OTR/L, CLT is an Assistant Professor in the Department of Occupational Therapy and Occupational Science at Towson University. Dr. Eglseder has 23 years of experience in physical rehabilitation and 20 years of experience in occupational therapy education. Dr. Eglseder's research is varied and includes student achievement, sexuality and disability including client and partner needs, as well as training and educational needs of the healthcare provider. In addition, Dr. Eglseder has served in many capacities with the Maryland OT Association as Communications officer, Vice President, and President.

Presentation Synopsis: This presentation will discuss the impact of childhood behavioral disabilities on parent connectedness and family quality of life. The results from a qualitative study will reveal themes pertinent to practice of occupational therapy for these children and their families.

Kayleigh Nolan, MOT, OTR/L, SCLV

Kayleigh Nolan is an ScD candidate in Occupational Science at Towson University and an Assistant Professor in the Division of Occupational Therapy at West Virginia University. She has practiced as an occupational therapist for 6 years. In her current role, she teaches 2nd year occupational therapy students in the program's clinical reasoning and evaluation courses and is part of several occupation-based service opportunities in the community. Kayleigh's clinical background includes areas of inpatient and community mental health, acute care, and low vision.

Presentation Synopsis: This presentation will provide a background of workplace challenges faced by individuals with mental health concerns, how mental ill-health presents in the workplace, including key considerations for clinical observation, and interventions to support improved mental health at work.

Kendra Heatwole Shank, PhD OTR/L, CAPS

Kendra Heatwole Shank is an Associate Professor and Director of the Post-Professional Occupational Therapy Program at Towson University. With a background in both nursing and occupational therapy, Dr. Heatwole Shank has focused on issues related to aging and wellbeing, specifically how older adults engage in and navigate their communities while aging in place.

Presentation Synopsis: A growing number of older adults will experience changes in functional cognition while aging in place. Complex occupations like driving and community navigation are likely to be impacted. This presentation introduces a community-based intervention model to support cognitive function and engagement.

Kristen Marie-Weber Chang, PP-OTD

Kristen has been an OT for over 10 years and has worked with older adults in a variety of settings. Her area of expertise is supporting older adults with hearing loss.

Presentation Synopsis: In this presentation, we will gain an understanding of occupational therapy's role in supporting quality of life of older adults with hearing loss through supporting independence with hearing aid management and alternative, hearing-related interventions.

Kristen Rockwell, MS, OTR/L

Kristen Rockwell MS, OTR/L is a 2006 graduate from West Virginia University's Division of Occupational Therapy. She has worked with clients across the lifespan, but has primarily focused on the pediatric population for the majority of her career. Kristen currently practices in the pediatric outpatient setting and also serves as an adjunct professor for Towson University's Department of Occupational Therapy and Occupational Science.

Presentation Synopsis: A discussion of a guiding problem solving template to be used by the entry level pediatric occupational therapist to assess and treat pediatric clients' novel and unique problems impacting their independence with activities of daily living and quality of life.

Lawrence Liff, Chief Development Officer, AOTF

Lawrence is the Chief Development Officer at AOTF, a role he has been in for 5 years. During this time he has helped grow the community of supporters engaged with AOTF, building new opportunities to strengthen OT. Lawrence has been a fundraising professional for 18 years working in annual, major corporate and planned giving as well as event planning and volunteer leadership. Lawrence has a BA in History and Political Science and a Master of Public Policy.

Presentation Synopsis: AOTF is the nation's leading non-profit investing in new OT research and the future OT workforce. This presentation will cover the mission, accomplishments and impacts of AOTF and opportunities for OT to engage with our work.

Lisa Marshall, OTR/L, CLT, CLWT

Lisa Marshall, OTR/L, CLWT Founder & CEO, Specialty Rehabilitation Oncology Consulting & Education With nearly three decades of rehabilitation experience across multiple settings, Lisa Marshall has specialized in oncology rehabilitation most of her professional life. In 2002, she founded Specialty Rehabilitation Inc. (SRI)—an outpatient therapy clinic providing distinctly specialized physical and occupational therapy services in oncology rehabilitation through palliation programs. In addition to providing patient care, Lisa has been educating healthcare professionals since 2003. In 2016, she expanded her reach as an educator and cancer rehabilitation program consultant for major cancer centers, outpatient providers, skilled nursing providers, home healthcare agencies, and private practices. In 2021, SRI rolled out a comprehensive menu of online education and training programs for healthcare professionals, patients, and caregivers. Lisa is also a certified lymphedema and wound therapist. She is well-known nationally for developing and teaching the Certified Oncology Rehabilitation Expert (CORE) certification program and has served as Director of Oncology Education at the International Lymphedema and Wound Training Institute since 2018. In 2021, the American Occupational Therapy Association honored Lisa with the Recognition of Achievement Award for Exemplary Contribution to Oncology and Lymphedema Rehabilitation.

Presentation Synopsis: The latest evidence-based research identifies the need, benefit, lack of referrals, and trained clinicians necessary to fulfill the growing demand for oncology rehab. This course will identify the unique role of occupational therapy practitioners in oncology across all practice settings.

Christine Greseth, OTD, MS, OTR/L M. Beth Merryman, PhD, OTR/L, FAOTA

Dr. Greseth was one of the OTR's that developed and implemented the Academy of Independent Living program through the residential rehab program. Dr. Merryman served as the faculty advisor for Dr. Greseth's post-professional capstone project that involved a retrospective analysis of the AIL. Both are long-standing colleagues with extensive experience working with adults with serious and persistent mental illnesses in the community.

Presentation Synopsis: An interdisciplinary life skills program was developed and implemented in a community-based rehabilitation program for people with SMI. This included physician didactic content followed by occupation-based group sessions graded for client success. The program will be discussed including key components for success and measures of outcome.

Nicole D. Rosenbaum, OTD, OTR/L, CPAM

Nicole (Nik) Rosenbaum is the current Acute Care Occupational Therapy Fellow at Johns Hopkins Hospital. Since receiving her doctorate in Occupational Therapy from the University of Pittsburgh in 2021, she has gained extensive experience as an acute and critical care OT through conferences such as the Annual Johns Hopkins Critical Care Rehabilitation Conference, PMR Research and Clinical Expo, AOTA Inspire 2021/2022, and practiced in multiple ICU settings including Medicine, Neuro, Surgery and Cardiac.

Presentation Synopsis: An ICU Diary is a client-centered tool that supports the reduction of further psychological distress, encourages meaningful engagement in activity, and enhances communication with the patient, family members and interdisciplinary team.

Pooja Bhatnagar, OTR/L

Pooja is a senior occupational therapist at University of Maryland Medical Center who has been working in the department of psychiatry for 5 years. Having graduated from Towson University in 2016 with her masters in OT, Pooja was offered a position on the geriatric inpatient psychiatric unit where she completed her psychosocial fieldwork rotation. As a student, she found herself drawn to the use of “out of the box” interventions and valued the emphasis that OT puts on client centeredness, which continue to be driving forces that underlie her treatment. Over the course of her career, she sought to grow her skills by widening the patient populations that she serves, encompassing patients on the pediatric/adolescent and adult inpatient psychiatric units in addition to the geriatric population. Most recently, her focus has been on the expansion of psychiatric OT services to medical units throughout the hospital including but not limited to the pediatric and adult ICUs, Shock Trauma Center, intermediate care units

Presentation Synopsis: This presentation identifies ways to integrate psychiatric occupational therapy concepts into physical rehabilitation settings to promote holistic, client-centered care. It also addresses specific considerations regarding implementation of the techniques discussed above and provides real life examples of these interventions in use.

Rachel Guilfoyle, OTD, OTR/L, SCLV, LSVT Certified

Rachel Guilfoyle, OTD, OTR/L, SCLV, LSVT Certified earned her doctoral degree from Towson University. Her background is in adult physical disabilities with an emphasis in neurologic dysfunction, particularly SCI, TBI, CVA, degenerative diseases and low vision. She currently is the doctoral capstone coordinator and Towson University.

Presentation Synopsis: This short course seeks to explain the Doctoral Capstone Project and Experience for clinical sites to comprehend mutual benefits of hosting a student as well as expectations related to ACOTE standards.

Sarah Hodgson, MS, OTR/L

Sarah Hodgson, MS, OTR/L has been a practicing occupational therapist for seven years. She obtained her Bachelors in Science in 2014, and her Masters in Occupational Therapy from Elizabethtown College in 2015. She is currently pursuing her PhD in Translational Health Sciences from the George Washington University. She is employed at the Johns Hopkins Children's Center, where she works in the acute care and intensive care settings with children of all ages. She is passionate about quality improvement, and the translation of research findings into clinical practice.

Presentation Synopsis: This quality improvement project collected data on infant positioning in one pediatric cardiac intensive care unit. This data revealed an opportunity for improvement. Subsequently, interviews were conducted with staff capturing their perspectives on infant positioning to identify facilitators and barriers.

Sarah Tayel, OTD

Sarah Tayel, OTD is a recent graduate of the entry level occupational therapy clinical doctoral program at Towson University. She is passionate about occupational justice and culturally humble care. Throughout her fieldwork experiences, she has created numerous educational materials and done presentations regarding cultural considerations for working with underserved communities, particularly Muslim and Arab populations. She plans to work in outpatient pediatrics, with a focus on underserved communities and advocating for the importance of culturally humble and affirmative care to facilitate occupational justice for all.

Presentation Synopsis: By exploring the experiences of underrepresented families of children with sickle cell disease, practical approaches to culturally humble care provision were identified to inform occupational therapy practice guided by the framework of occupational justice.

Sonia Lawson, PhD, OTR/L, FAOTA

Sonia Lawson, PhD, OTR/L, FAOTA earned her doctoral degree in Human Development focusing her studies on educational psychology from the University of Maryland, College Park. Her research interests include caregiving, curriculum development, and professional advocacy. She currently directs the entry-level OTD program.

Presentation Synopsis: This short course seeks to explain the Doctoral Capstone Project and Experience for clinical sites to comprehend mutual benefits of hosting a student as well as expectations related to ACOTE standards.

Sowmya Ganesh, DOT, MSOTR/L, SIPT

Dr. Ganesh is currently working as an Assistant Professor in the Department of Occupational Therapy at St. Joseph's University. Dr. Ganesh has been practicing as a clinician for several years prior to transitioning to academia. She has extensive experience with Pediatric clients in a variety of settings ranging from Early Intervention, School based, outpatient and private clinic. Her passion lies in working with children and adolescents with varied medical diagnosis and physical disabilities including Autism, ADHD, Cerebral Palsy, Neurological disorders, Sensory Processing Disorders, and Emotional Disturbance. Dr. Ganesh is SIPT Certified and has attended workshops and Professional Development Courses on DIR, NDT, Visual Perception and Yoga for the Special Child. She has also attended conferences on Teaching Learning and Diversity, Equity and Inclusion

Presentation Synopsis: The purpose of this presentation is to study the effectiveness of improving interoceptive awareness in terms of its impact on social emotional learning skills for the neuro-divergent student population in life skills classroom in elementary schools.

Teressa Garcia Reidy, MS, OTR/L

Teressa Garcia Reidy MS, OTR/L has presented and published on a variety of topics including intensive rehabilitation models, pediatric assessments, occupational therapy for neuromotor disorders. She recently co-edited a textbook entitled Therapeutic Reasoning in Occupational Therapy: How to Develop Critical Thinking for Practice.

Presentation Synopsis: Tele-rehabilitation is growing to meet the needs of a variety of populations. This poster aims to describe the feasibility of using a hybrid telehealth/onsite model to deliver constraint induced movement therapy during the pandemic and outcomes of two cases.

Erin Busch, OTD, OTR/L

Erin Busch, OTD is a recent doctoral graduate from Towson University with practice interest in neurological impairments, adult mental health, and adaptive recreation. She completed her doctoral experiential practicum and capstone project at Kennedy Krieger Institute where she conducted a program evaluation examining the facilitators and barriers that hinder quality participation and contribute to occupational injustice in the Maryland Thunder Wheelchair Lacrosse program.

Presentation synopsis: This poster describes how participation in wheelchair lacrosse meets the intrapersonal and interpersonal needs of athletes, staff, and volunteers and describes the barriers that hinder quality participation, with recommendations to increase access for players with physical disabilities

Allison Adams, OTD

Ali Adams, OTD received her doctorate of Occupational Therapy degree from Towson University in May 2022. She was born and raised in southern Maryland which fostered her passion for water sports and recreational activities. Ali recently moved to Denver, Colorado where she hopes to work in pediatrics. She was grateful for the opportunity to complete her doctoral experiential practicum and capstone project at Kennedy Krieger Institute working alongside their adaptive sports teams and recreational leaders, where she planned and implemented an aquatic training program for individuals with physical disabilities.

Presentation Synopsis: This poster describes the benefits of a leisure-based adaptive aquatics program for adults with physical disabilities, including enhancing engagement in social and leisure participation, identifying strategies to overcome barriers to accessing community pools, and improving overall quality of life.

Kelly Casey, OTD, OTR/L, BCPR, ATP, CPAM

Dr. Kelly Casey, OTD, OTR/L, BCPR, ATP, CPAM has been an occupational therapist in the acute care and ICU settings at The Johns Hopkins Hospital for the past 18 years. Her clinical expertise is in neuro acute care, with a focus on critical care and coma-stimulation. She is the Team Leader for Acute Care Rehabilitation Services. As the principal investigator, Casey has initiated and completed several IRB-approved studies. Her work has been published in research publications and featured in multiple national presentations at national conferences. Her latest work focuses on screening for cognitive impairment in acute care. Dr. Casey is AOTA Board Certified in Physical Rehabilitation, RESNA certified as an Assistive Technology Professional, and certified in Physical Agent Modalities

Presentation Synopsis: An ICU Diary is a client-centered tool that supports the reduction of further psychological distress, encourages meaningful engagement in activity, and enhances communication with the patient, family members and interdisciplinary team.

Dawn Clayton Bieber OTR/L

Dawn Clayton Bieber OTR/L has over 30 years of experience providing occupational therapy services to clients in skilled nursing facilities (SNF), assisted living facilities (AL), continuing care retirement communities (CCRC), inpatient rehab, and home care. Dawn has served as an Advisory Council Member for the Geriatric Special Interest Section Listserv for AOTA -2007-2010, Co-Chair of the Commission on Organizational Affairs for Pennsylvania Occupational Therapy Association from 2004- 2010 and Vice President for Pennsylvania Occupational Therapy Association from 2010-2015. She was appointed to the POTA board again this year serving as the Chair for the Commission on Membership and Community Engagement. Dawn is employed by Lifetime Vitality as the Vice-President of Clinical Operations. Working with AL/IL/CCRC and Home Health business partners she has worked to build and support collaborative relationships and integrated clinical programming that promotes aging in place and safety for residents and caregivers. She has presented at both National (American Occupational Therapy Association- AOTA and American Speech and Hearing Association-ASHA) and State Conferences (PA and NJ) on the topics of dementia, falls management, and occupational therapy services in retirement communities.

Presentation Synopsis: Practitioners typically are consumers of research; however, they can also serve as key stakeholders in the research process. This course will dispel misconceptions about engaging in research and share methods for participating in building evidence.

Nicole Randazzo Collins, MOT, OTR/L, BCP

Nicole Randazzo Collins, MOT, OTR/L, BCP, is a pediatric occupational therapist who has dedicated her career to understanding sensory integration disorders and their impact on social-emotional processing and executive functioning. Nicole's main practice settings have been in the private realm and in low incidence programs in schools. Nicole currently works for Pediatric Therapeutic Services as a Director of Clinical Services, where she has the opportunity to support providers in their school-based practices. Nicole is Board Certified in Pediatrics through the American Occupational Therapy Association.

Nicole received her BS in Psychobiology from Albright College and graduated summa cum

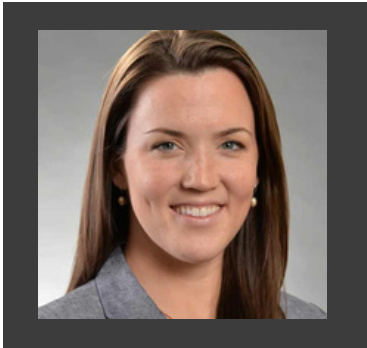
laude from Temple University with her Masters in Occupational Therapy. Nicole holds a number of certifications including the SIPT, Interactive Metronome, Cogmed, Tomatis, Therapeutic Listening, and has completed a number of courses in the Masgutova approach (MNRI). She is currently working on her CLASI certification. Nicole's focus is now understanding the role of Interoceptive Awareness in improving student's quality of life. Nicole has had the privilege of guest lecturing for the occupational therapy programs at Thomas Jefferson University, University of the Sciences in Philadelphia and New York University, as well as presenting and training in the US and abroad.

Presentation Synopsis: The purpose of this presentation is to study the effectiveness of improving interoceptive awareness in terms of its impact on social emotional learning skills for the neuro-divergent student population in life skills classroom in elementary schools

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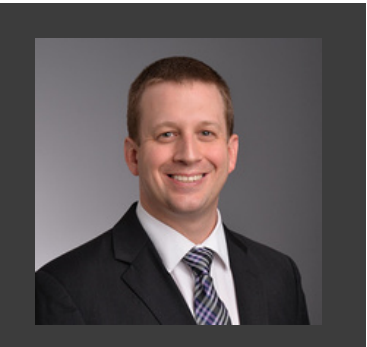
Department Updates & Welcome



Dr. Kendra Heatwole Shank, PhD, OTR/L

Dr. Heatwole Shank stepped into the role of Chairperson for the OTOS Department in July 2022, and provides oversight across all four graduate programs in the department. A member of the faculty since 2014, her research and professional interests are in aging in place, community mobility, and mild cognitive impairment interventions.

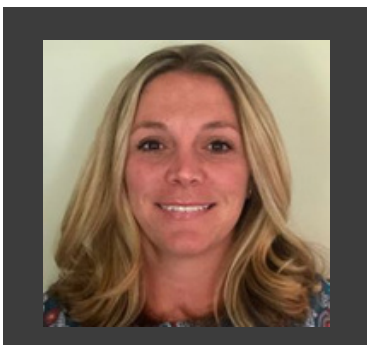
kheatwoleshank@towson.edu



Professor Daniel Hollern, MS, OTR/L

Professor Hollern is the new OT Center Director at the Institute for Well-Being, where he ensures the smooth operation of current OT programs as well as strategically develops new OT-based community programs. He previously worked for 14 years at UMROI where he specialized in Spinal Cord Injury rehab.

dhollern@towson.edu



Dr. Rachel Guilfoyle, OTD, MS, OTR/L SCLV

Dr. Guilfoyle holds the entry-level OTD Capstone Coordinator position. In this role, she coordinates with each OTD student to plan and implement doctoral capstone placements in a wide range of settings. She continues as clinical faculty in the department as well, with expertise in low vision and neurological conditions.

rguilfoyle@towson.edu

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